

5 HABITS OF A LEADER WHO GROWS

Grow today. Lead tomorrow.



Great leadership starts on the inside. These five habits are simple, but they are not easy. Practice one each day this week and watch how the way you lead begins to change.

- 1 OWN IT**
Take responsibility for your results, your attitude, and your next step. Leaders who own it earn the right to be followed.
TRY THIS: Name one thing you have been blaming on someone else, then take the first step to fix it.
- 2 GROW DAILY**
The day a leader stops learning is the day they stop leading. Growth is a daily choice, not a yearly event.
TRY THIS: Give fifteen minutes today to a book, a podcast, or a mentor's advice.
- 3 PEOPLE OVER POWER**
A title may open the door, but trust keeps it open. Lead in a way that makes people better, not smaller.
TRY THIS: Ask one person, "What do you need from me?" Then listen without defending yourself.
- 4 LIVE ON PURPOSE**
Know why you lead before you decide how. Purpose turns a busy schedule into meaningful work.
TRY THIS: Finish this sentence and post it where you will see it: "I lead so that ____."
- 5 STAY RESILIENT**
Setbacks are part of the path, not the end of it. Resilient leaders learn from the hard moments and keep moving.
TRY THIS: After your next hard moment, ask "What is this teaching me?" before you react.

YOUR 7-DAY CHALLENGE

Pick one habit. Practice it every day for a week. Each night, write one line about what happened and what you learned. Then pick the next habit and keep going.

BECAUSE PEOPLE MATTER.

Kris Logsdon is a pastor, speaker, Service-Disabled Veteran, and entrepreneur helping people lead with faith, purpose, and people first.

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